

## **Offering to the Lord of the Site and Pretas (Hungry Ghosts)**

*For this practice, first prepare a vegetarian torma not containing any of the black substances. If not available, visualize such a torma. Alternatively, obtain some digestive biscuits (as these are vegetarian), take 2 or 3 of these biscuits, crush them into crumbs and pour them into a bowl of clean drinking water. This is the offering that will be received by the beings you are making this offering to. This practice should be done at evening or night time, because some beings such as pretas are afraid of sunlight.*

**Om Vajra Amrita Kundali Hana Hana Hung Phat**  
**Om Svabhava Shuddhah Sarva Dharmah Svabhava Shuddho**  
**Ham**

From within the state of emptiness, arises the letter **DHURUM**.  
From **DHRUM** arises broad, expansive vessels made of jewels.  
Inside them **OM** melts into light,  
And from that arises a torma with the three great whites and the three sweets,  
Transforming into a great ocean of uncontaminated nectar of transcendental wisdom.

**Om Ah Hung** (recite 3 times)

**Nama Sarva Tathagata Avalokite**

**Om Sambhara Sambhara Hung** (offer the torma with this mantra; recite 3 or 7 times)

I prostrate to the Bhagavan, the Tathagata Many Jewelled One-Shakyamuni Buddha.

I prostrate to the Bhagavan, the Tathagata Supreme Beautiful Form-Avalokiteshvara.

I prostrate to the Bhagavan, the Tathagata Infinite Bodied One-Manjushri.

I prostrate to the Bhagavan, the Tathagata Free From All Fear-Vajrapani.

[For those who have received Vajrayana empowerment, start to ring your bell if you have one now]:

I offer this torma and ocean of nectar,

Endowed with the five perfect sense objects,

To **BSTAN-MA**, the Goddess of the Earth,

All lords of the site of the three thousand worlds,

To the Five Sisters of Long Life,

And to all the protectors who reside in Tibet (and in this land),

And particularly to the devas, nagas and lord of the site,

And to the hungry ghosts (pretas),  
All who dwell in this very region.

Having thus accepted,  
I request you to gather as we wish  
All conditions conducive for whatever actions  
We and the sponsors perform,  
Without showing anger or jealousy.

By the power of my thoughts,  
By the power of the generosity of the Tathagatas,  
And by the power of the realm of truth,  
May any purpose we desire, any whatsoever,  
Be realized without obstruction.

*Leave the offering of biscuits and water out overnight, clear the next morning.*